

AGES: 11 TO ADULT

Co-creating with God



Song

My Heavenly Father Loves Me (pg 228, CS)

1. Whenever I hear the song of a bird
Or look at the blue, blue sky,
Whenever I feel the rain on my face
Or the wind as it rushes by,
Whenever I touch a velvet rose
Or walk by our lilac tree,
I'm glad that I live in this beautiful world
Heav'nly Father created for me.

2. He gave me my eyes that I might see
The color of butterfly wings.
He gave me my ears that I might hear
The magical sound of things.
He gave me my life, my mind, my heart:
I thank him rev'rently
For all his creations, of which I'm a part.
Yes, I know Heav'nly Father loves me.



Lesson

Write: Display the numbers:

1 2 3

Choose a word, or short phrase, to describe the three principles as each is read and discussed. (All quotes are from Gérald Caussé, Presiding Bishop, General Conference, Oct. 2022, 57-59)

1st Principle

"The entire earth, including all life thereon, belongs to God.
The Creator has entrusted the earth's resources and all forms of life to
our care."

True or false? We are not the owners, but stewards (caretakers) of all of God's creations. (True)

Choose and write word(s) for the 1st Principle.

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Lesson (cont'd)

2nd Principle

"As stewards of God's creations, we have a duty to honor and care for them.
"Our stewardship over God's creations also includes, at its pinnacle, a sacred duty to love, respect, and care for all human beings (preborn and born) with whom we share the earth."

Read and discuss: "Thou shalt love thy neighbour as thyself." ([Matthew 22:39](#))

Choose and write word(s) for the 2nd Principle.

3rd Principle

"We are invited to participate in the work of creation.
"Our contributions may be expressed through the creation of works of art, architecture, music, literature, and culture, which embellish our planet, quicken our senses, and brighten our lives.
"We also contribute through scientific and medical discoveries that preserve the earth and life upon it."

Display: How has a beautiful work of art or an invention blessed your life? (Show a picture of artwork or an invention)

Read and discuss quote by Pres. Thomas S. Monson : "God left the world unfinished for man to work his skill upon ... that man might know the joys and glories of creation."

Ask: How has creating brought you joy or blessed your life?

Choose and write word(s) for 3rd Principle.



Lesson (cont'd)

Age-appropriate discussion: "The responsibility of co-creation (providing bodies for our spirit brothers and sisters) serves as a constant reminder that life and each person's body are sacred (including the lives of preborn babies), that they belong to none other than God, and that He has made us **guardians** to respect, protect, and care for them."

Ask: What is a guardian? How can we "respect, protect, and care" for our preborn, and born, brothers and sisters?

Repeat together: Think of respecting, protecting and caring for others while saying: **"I am a guardian of life!"**

Commitment

Plan on a way to improve on one of the three principles discussed.

Testify of Truths

"[Heavenly Father] gave me my life, my mind, my heart... Yes, I know Heavenly Father loves me!"



Activities

Choose any activities your family might enjoy.

Discover: Learn a skill that will be a blessing to others.

Practice: Improve on a talent that uplifts and brings you joy.

Commitment Poster: Create a poster by writing "I am a guardian of life!" on a paper, then decorate it to show your belief in this message and display it in your bedroom.

Garden: Plant a garden and tend it to maturity.

Cook: Make a recipe to share with your family or friends.

Contribute: Serve expecting mothers in your area, such as through a pregnancy resource center.